

CIRCLE ALL THAT APPLIES TO YOU

Bradycardia (slow heart rate)

Tachycardia(fast heart rate)

Atrial Fibrillation

Heart Palpations

Heart Block

Angina

Psychotic Nature

Excess Worry

Apprehensive

"Moody, Depressed"

Noise Intolerance

Suspicious

Poor Appetite

Heartburn/Indigestion

Drowsy after meal

Gall Bladder symptoms

Craves Carbohydrates

Cholesterol Problems

"Band around Head", tightness"

Restless Legs

Soles of Feet Burn

Limb or body jerks prior to falling asleep

Calf tenderness

Hear heartbeat on pillow

Wake up to Urinate

Purple tongue

Awaken & can't return to sleep

Cheilosis(cracking of the lips)

Back pain at night

Sensitive to shaving

Itchy symptoms

Eyelid twitching

Seborrheic Dermatitis

Burning eyes

Yawning/air hunger

Bloodshot eyes

Cold feeling/temperature

Sensitive to light